



Treatment Menu

polished

byron bay

HOLISTIC NAIL AND BEAUTY SPA

The Polished Byron Bay Difference.

YOUR DESTINATION SPA FOR HOLISTIC NAIL & BEAUTY SELF-CARE.

Welcome to Polished Byron Bay, where modern aesthetics meets conscious beauty.

Our flagship studio provides exceptional low-tox nail services, Mukti Organics facials, LED Red Light Therapy, holistic teeth whitening and hair and scalp wellness treatments.

We offer high-tech, high-performing and personalised treatments designed to enhance the longevity of your skin, hair and nails.

At Polished Byron Bay, everything is crafted to nurture you from the outside in. Discover high-tech, high-performing and personalised treatments designed to enhance the longevity of your skin, hair and nails. We only align with brands that embody holistic, eco-beauty practices that prioritise the well-being of our customers, therapists, and community.

Experience harmony from arrival to departure. We provide complimentary naturopathic Mayde Teas and Imbibe Beauty Renewal probiotic water to enhance your inner radiance and vitality.

To optimise your time and wellness journey, we also invite you to explore our in-house enhancement menu for additional treatments.



LOW TOX



CRUELTY FREE



NATURAL INGREDIENTS



Nail Spa

Discover a new generation of holistic nail care and conscious beauty treatments. Polished Byron Bay offers the world's leading low-tox and high-performing brands. These include Dazzle Dry, Gloss & Co, The Gel Bottle & Madam Glam, all hand-selected to optimise your nail care and wellness journey. Revitalise your spirit, and beautify your nails.

As a low-tox nail and beauty salon, we focus on offering healthier, natural alternatives. This means we don't apply or remove SNS or acrylic, as they don't align with our commitment to gentle, holistic, low tox care. We're here to help you explore other options that nurture your nails.



MANICURES

QUICK MANI - *Pair with a quick pedi or LED session.*

\$60 No Polish | \$66 Regular Polish | \$72 Dazzle Dry | \$76 Gel (No cuticle trimming included) | 35 minutes.

When time is of the essence, an express clean, shape, and file will help smooth things out. Select your favourite polish colour, and finish with a nourishing cuticle oil to rejuvenate your nails. Feel good, look great!

CLASSIC MANI - *Pair with extended hand massage.*

\$73 No Polish | \$83 Regular Polish | \$87 Dazzle Dry | \$91 Gel | 45 minutes.

Indulge in our signature mani enhanced with a soothing express hand massage for the ultimate relaxation. Enjoy complete nail shaping and precise cuticle trimming, followed by your choice of polish and cuticle oil nourishment. Embody smooth, hydrated and beautifully refined hands.

LUXE MANI - *Pair with extended hand massage.*

\$103 No Polish | \$114 Regular Polish | \$116 Dazzle Dry | \$124 Gel | 65 minutes.

Indulge in our premium hand renewal treatment, transforming your hands through expert exfoliation, deep moisturizing, and luxurious manicure care. Experience a skin-refining sugar scrub, hydrating mask, warm towels, and extended massage. Enjoy precise nail shaping, gentle buffing, and cuticle trimming. Finish with your choice of polish and nourishing cuticle oil, leaving your hands silky soft and smooth.

SHAPE & POLISH - *Pair with extended hand massage.*

\$54 with Regular Polish | 25 minutes. *only available with regular polish

Feel renewed as we treat you to a meticulous nail shape, file, buffing and cuticle oil nourishment. Select your polish from our extensive Gloss & Co colour range. Perfect for a quick make-over!

Please book gel polish removal and nail art separately.

NAIL RESCUE

Pair with extended hand massage

\$79 Gel removal 35 minutes | \$93 BIAB removal 45 minutes.

Revitalise your hands and nails with this results-driven treatment designed for regular gel and BIAB users. We begin with the removal of your existing gel or BIAB polish, followed by a manicure including filing, shaping, buffing and cuticle care. This treatment concludes with a nourishing vitamin-enriched 'rescue my nails' clear top coat and cuticle oil, to promote nail strength and quality.

NAIL JOURNEY

\$340 for 6 weeks. Bonus: 1x complimentary LED facial booster included.

Experiencing brittle or weak nails or unable to grow out your nails due to nail biting?

Join our six-week Nail Journey with expert technicians and let us transform your nails to optimum health. Enjoy bi-weekly appointments, including a consultation, comprehensive manicure and an application of strengthening BIAB gel.

[BOOK NOW](#)





BIAB

Nurture, grow and strengthen your nails with the iconic BIAB 'Builder In A Bottle', a revolutionary product that offers a healthy alternative to acrylic and SNS, while maintaining the flexibility of gel polish. Thicker than regular gel, we love BIAB for being gentle on nails, while treating weak and brittle texture. Seriously, BIAB is every nail-biter's dream. BIAB is vegan and cruelty-free, lasting up to three weeks longer than standard gel manicures.

BIAB MANI ON NATURAL NAILS

Short/medium \$104 - 55 minutes | Long \$114 - 65 minutes.

Experience a long-lasting, gentle alternative to SNS and acrylic with BIAB. This flexible manicure promotes nail strength and conditioning while delivering a supreme finish. Includes filing, shaping, cuticle trimming and expert BIAB application resulting in hands that look great for up to three weeks. Please book removals and nail art separately.

BIAB INFILL MANI

Short/medium \$121 - 75 minutes | Long \$139 - 85 minutes.

Revitalise your existing BIAB manicure with a fresh layer of strengthening support. Existing BIAB is removed from the nail and then rebalanced and refined. Fancy a colour change? Upgrade to add gel polish on top! BIAB infills are recommended every 2-3 weeks to cultivate extra durability.

BIAB GEL NAIL EXTENSIONS

New Full Set \$145 | 80 minutes.

Lengthen nails with BIAB extensions that let you customise your style, shape and length. This treatment includes cuticle care, expert BIAB application and if you're feeling fancy, add-on French tips or nail art. Embody gorgeous nails that last up to 3 weeks.

BIAB EXTENSIONS INFILL

Full Set \$145 | 80 minutes.

Refresh your BIAB extensions with a new layer of BIAB strengthening support. This gentle process fills in grown-out extensions without full removal, maintaining nail strength and protection while promoting healthy nail growth.

BIAB EXTENSIONS REMOVAL + NEW SET

Full Removal + New Set \$152 | 90 minutes.

When you are looking to change up your shape, add more length and address extensive lifting, let us refresh your look by completely removing your current extensions and treating yourself to a stunning new set of BIAB extensions. Celebrate your unique beauty!

BIAB EXTENSION REMOVAL

\$55 | 30 minutes.

Relax as we expertly remove your BIAB extensions with soaking and filing. This treatment includes full removal, shaping, filing, buffing and nourishing cuticle oil for rejuvenated nails.

BIAB REMOVAL

\$55 | 30 minutes.

Relax as we expertly remove your existing BIAB with soaking and filing. This treatment includes full removal, shaping, filing, buffing and nourishing cuticle oil for rejuvenated nails.

[BOOK NOW](#)





NAIL ART

Where style meets sophistication.

NAIL ARTISTRY ELEVATED

\$25 - 15 minutes | \$40 - 30 minutes | \$55 - 45 minutes | \$70 - 60 minutes.

Transform your nails into an artistic adventure. Discover our collection of decorations and visuals: Airbrush, 3D, Marble, Ombre, Flame Nails, Flowered Nails, French Tips, Chrome, Airbrush, Coloured Tips, Abstract Nails, French Tips, Line Art, Gemstones, Metallic Designs, Hand Drawn Designs and Tortoise Shell.

Price varies depending on the complexity of the design - please send us a picture of your design so we can advise on cost before booking.

CLASSIC FRENCH TIPS WITH GEL POLISH

\$19 only available with a mani or pedi | 20 minutes.

Channel your inner French girl! Your nails are polished with a light, neutral nude or sheer pink base color and crisp white tips for the ultimate elegant Polished look. This style works for every occasion. Coloured tips are also available.

HIGH-SHINE CHROME POWDER

\$15 | 10 minutes.

Magnify your shine with this stunning Chrome finish. We sprinkle powder onto your wet polish and use a brush to buff it off to leave a reflective, mirror-like finish. Our range of Chrome powders comes in several appealing shades, offering a full spectrum of creative design possibilities for nail enthusiasts.

[BOOK NOW](#)

PEDICURES

Treat your feet to the luxurious pamper they deserve with these high-performance pedicures delivered with low-tox brands including Dazzle Dry, Madam Glam, The Gel Bottle and Gloss & Co. We invite you to complement your pedicure with additional rituals such as our extended foot massage and reflexology delivered to immersive soundscapes. Uplifting for the senses while softening the skin.

QUICK PEDI - *Pair with LED session or extended foot massage*

\$65 No Polish | \$73 Regular Polish | \$78 Dazzle Dry | \$83 Gel | 35 minutes.

Feel revitalised as we expertly shape, file and buff your nails with efficient care. Your express treatment includes a choice of polish and enriching cuticle oil application. Perfect for those seeking nurture when time is of the essence. Soaking, heel buffing or massage are not included.

CLASSIC PEDI - *Pair with LED session or peptide sheet mask*

\$81 No Polish | \$94 Regular Polish | \$97 Dazzle Dry | \$99 Gel | 50 minutes.

Experience our best-selling pedicure where your feet are bathed in fragrant rose petals followed by nail sculpting, cuticle care, buffing and skin-refining exfoliation. A calming foot massage with rose-infused shea butter cream completes with a choice of polish and cuticle oil. Feel refreshed, look fabulous!

LUXE PEDI - *Pair with LED Session*

\$107 No Polish | \$119 Regular Polish | \$126 Dazzle Dry | \$129 Gel | 65 minutes.

This exquisite ritual begins with a soothing magnesium and rose petal foot soak followed with a sugar scrub and hydrating mask layered with hot towels and massage for divine nurture. Enjoy meticulous nail shaping, filing, heel buffing and cuticle care. Completes with your choice of polish and replenishing cuticle oil. Leaves your feet smooth, soft and hydrated.

LED can be added to any Pedi for an additional \$22



MEDI PEDI - *Pair with LED Session*

\$140 No Polish or Regular Polish | \$150 Dazzle Dry or Gel | 75 minutes.

Revitalize tired feet with the Footlogix 'Medi Pedi', an advanced treatment designed to deeply hydrate and restore foot health. This intensive therapy works from within to target common concerns like dry, cracked heels and rough skin, delivering active ingredients faster and deeper into troubled areas for truly transformational results.

Start with a customised foot analysis, followed by everything included in our Classic Pedicure, for a thorough and rejuvenating experience. This is complemented by a carefully curated, low tox natural strengthening treatment that nourishes and fortifies the nails and feet, promoting long-term health.

BIAB PEDICURE

\$119 | 60 minutes.

Experience an elevated Classic Pedicure featuring a results-driven BIAB application to strengthen weak textured nails. Enjoy a rose petal and magnesium foot soak, scrub, foot massage, nail shape and file, cuticle care and BIAB application. Your feet will feel healthy, healed and hydrated.

BIAB INFILL PEDI

\$129 | 75 minutes.

We expertly remove previous BIAB then treat you to a soothing rose petal and magnesium soak followed by precision nail sculpting, cuticle care, heel buffing and skin-refining exfoliation. A lavish rose-infused shea butter foot massage is completed with a layer of BIAB to support nail strength and protection while promoting healthy nail growth.

Please book gel polish removal and nail art separately.

BOOK NOW





NAIL ADD-ONS

Level up your natural nail treatments with these sophisticated add-ons.

GEL POLISH REMOVAL - STAND ALONE

\$37 | 20 minutes.

Our expert nail technicians carefully remove your gel polish to minimise damage to your natural nail. This treatment includes filing, buffing, and a nourishing cuticle oil for hydrating and protecting your nails.

ADD GEL POLISH REMOVAL TO ANY MANI OR PEDI

\$15 | 15 minutes.

HAND OR FOOT MASSAGE THERAPY

\$18 | 10 minutes - only available with a mani or pedi.

Enhance your manicure or pedicure with this skin-softening extended signature hand or foot massage ritual. Delivered with a moisturizing Shea Butter and Cocoa Butter cream infused with Geranium and Bergamot botanical essences. Feel soothed, hydrated and restored.

[BOOK NOW](#)

LITTLE ONES

(12 years and under)

Where pampering meets playful! Set your kids on the clean beauty journey early with low-tox natural mini mani and pedis topped off with a slick of vibrant non-toxic polish or natural shine buff! For an added treat, every treatment includes a delicious probiotic water for the kids.

MINI PAINT

\$31 | 25 minutes with Dazzle Dry.

Brighten up your child's day with a mini paint job that adds shine and sparkle. A highlight is they get to select from up to three vibrant, all-natural, non-toxic colours - such a fun and creative experience!

MINI MANI

\$47 | 30 minutes with Dazzle Dry.

Perfectly tailored for little hands, this mini manicure features a gentle nail trim with light shaping and cuticle care. A delightful mini hand massage ritual is followed by a choice of non-toxic polish or a natural shine buff and finished with a nourishing cuticle oil for added shine.

MINI PEDI

\$52 | 30 minutes with Dazzle Dry.

Designed for tiny feet, this mini pedi begins with a warm, soothing foot soak. A gentle nail trim, light shaping, and cuticle care follows. Young ones can enjoy a refreshing exfoliating scrub and a foot massage, finished with their choice of non-toxic polish or a natural shine buff with cuticle oil.

MINI COMBO

\$99 | 60 minutes with Dazzle Dry.

Indulge your little one to the ultimate Mini Mani/Pedi Combo! This fun-filled experience encompasses both a mini manicure and pedicure, tailored to tiny fingers and toes. Sparkle their creativity and let them choose from three vibrant non-toxic polish colours for a truly personalised touch!

[BOOK NOW](#)





MAN CURES

MAN MANI

\$61 | 30 minutes.

Your nails are expertly cleaned, trimmed, and shaped to perfection followed by an express signature hand massage to soothe and nourish. A cuticle oil is applied to boost circulation, hydrate the skin and improve nail health. Feel zen and groomed.

MAN PEDI

Pair with LED

\$79 | 40 minutes.

We begin with skin-smoothing magnesium and rose petal soak for the feet, followed by meticulous nail shaping, cuticle care, heel buffing, and exfoliating sugar scrub. An express foot massage and nourishing cuticle oil leaves your feet refreshed and hydrated.

MAN MANI / PEDI COMBO

Pair with LED

\$140 | 70 minutes.

The ultimate duo to achieve well-groomed hands and feet. Enjoy a stress-releasing soak and scrub followed by an efficient nail clean, clipp, buff and file. A moisturising massage will soothe and hydrate your hands and feet. Feel refreshed and rejuvenated from head to toe.

BOOK NOW



Wellness & Beauty Bar

Explore our curated collection of beauty, reflexology, feet, head and scalp massages for harmony and wellbeing. For enhanced results, pair these nourishing treatments with your nail, teeth whitening and red light therapy. Embrace wellness, exude beauty.



LED LOUNGE

Experience the transformative benefits of Red Light Therapy for your skin, hair and scalp. During these treatments, healing frequencies of red light penetrate the skin and scalp, energising the mitochondria and stimulating new cell renewal, collagen, and hair growth. Simply lie back, relax and immerse yourself in guided meditations and soothing soundscapes as your skin is rejuvenated and renewed.

LED RED LIGHT THERAPY SESSION

\$22 when added to Pedi or \$29 stand-alone | 20 minutes.

Embrace the power of RLT for a healthier, youthful and vibrant complexion. The healing frequencies of red light penetrate deeply into the skin, encouraging collagen production and stimulating cellular renewal. RLT also gently alleviates inflammation. With regular use, RLT improves the skin elasticity and texture, diminishes age spots, softens fine lines and repairs sun damage.

LUXE PEDI + LED SESSION

\$107 No Polish | \$141 Regular Polish | \$148 Dazzle Dry | \$151 Gel Polish | 70 minutes.

Indulge in a blissful escape with this exquisite head-and-feet ritual. Enjoy a nourishing Luxe Pedicure which includes an extended calming foot massage paired with a rejuvenating Red Light Therapy session. Emerge feeling luminous and shimmering in your essence.

[BOOK NOW](#)

MUKTI ORGANICS FACIALS

Introducing Mukti Organics, a high-performance, certified organic skincare brand crafted in Byron Bay. Each facial ritual is unique, blending nutrient-rich skincare with advanced facial massage that delivers glowing results to your skin, mind and energy.

MUKTI ORGANICS EXPRESS FACIAL

Pair with foot massage - \$18 upgrade for 10 minutes

\$79 | 30 minutes.

Experience the ultimate skin boost! We begin with a double cleanse and hydrating and exfoliating masque while we perform a revitalising soothing scalp massage. Your skin will love Mukti's Restorative Moisturiser with hyaluronic and essential vitamins. We use customised serums, all tailored to leave your complexion refreshed nourished and glowing.

MUKTI ORGANICS RESET & REFRESH FACIAL

\$129 | 60 minutes.

This luxurious facial begins with a double cleanse and Enzyme Masque to gently exfoliate. Incorporates LED therapy and revitalising foot massage. A Gua Sha massage follows, designed to lift, sculpt and boost circulation, restoring vitality to your skin. The treatment concludes with PH balancing Rose Blossom Hydrating Mist, Vital Serums and Marigold Hydrating Crème, leaving your skin visibly lifted and luminous. Recommended for puffiness, brightening dark circles and promoting lymphatic flow.

[BOOK NOW](#)





MASSAGE CURES

HEAD, NECK & SHOULDER MASSAGE

\$41 | 20 minutes.

Farewell fatigue as we focus on your head, neck and shoulder area using acupressure and lymphatic drainage techniques. The sensation of nourishing massage on these key stressor points boosts circulation and oxygen flow. Feel restored, relaxed and revived.

SIGNATURE FOOT MASSAGE

\$79 | 40 minutes.

Serenity is all yours as your feet are treated to this exquisite retreat. A rose and magnesium foot soaking ritual is followed with an exfoliating sugar scrub, revealing soft and supple skin. The sensation of a slow, soothing massage feels so heavenly for mind and body. Feel any stressors melt away.

REFLEXOLOGY

\$89 | 45 minutes.

Luxuriate in the bliss of reflexology, the perfect complement to our classic pedicures. Using time-honoured acupressure techniques, we stimulate the reflex zones on the feet, enhancing circulation and oxygen flow. Feel revitalised, balanced and rejuvenated.

[BOOK NOW](#)

HOLISTIC TEETH WHITENING

Transform your smile and natural beauty with our cosmetic teeth whitening treatment. In just 60 minutes, brighten your teeth by up to six shades! We utilize the trusted Pure Smile system, featuring 6% hydrogen peroxide activated by LED technology, ensuring remarkable results in a single session. Simply lie back, relax and immerse yourself in guided meditations and soothing soundscapes.

TEETH WHITENING SESSION

Add-on Signature Foot Massage \$39 | 30 minutes

First Session \$239 | 75 minutes.

Follow Up Session \$199 | 75 minutes.

Safe. Pain-Free. Low-Tox. Experience a sparkling, radiant smile effortlessly.

[BOOK NOW](#)



Terms & Conditions

BOOKING POLICY

We require a 50% deposit to confirm your booking. You are free to cancel or change your appointment up to 24 hours before with no charge. Cancellations or changes with less than 24 hours notice and no shows incur a 50% fee.

To cancel or reschedule, please call or text 0416 395 368, or email hello@polishedbyronbay.com.

To make the most of your appointment with us, we recommend arriving 5 mins before your appointment. Our salon is busy and often booked backed to back, and we want to give you the best experience possible.

Just a friendly heads up: if you arrive more than 10 minutes late to your appointment, we may need to reduce your treatment time or reschedule. In that case, the total cost of the treatment will be forfeited, and you'll need to pay a deposit for a new booking.

GROUP BOOKINGS

No changes or cancellations within 48 hours of group appointments with full payment required 24 hours prior to arrival.

SATURDAY SURCHARGE

All weekend bookings incur a 10% surcharge.

GEL & BIAB POLICY

If you have a question or concern about your nail treatment we encourage you to contact us immediately to discuss. If you experience any lifting or chipping following your nail service, please notify us within 72 hours of your appointment by texting a photo to 0416 395 368. We are happy to offer complimentary fixes within this time frame. After 72 hours, we are unable to provide any complimentary repairs or adjustments.

GIFT VOUCHERS

All gift vouchers are non-refundable and are valid for 3 years from date of purchase. Vouchers are sold as a dollar value not for a treatment itself. If you're wanting to use a voucher - To redeem your voucher, please present your voucher code in salon or at the time of booking.

RE-NEW REWARDS


Clients can earn 1 point per dollar spent on services. Reward points are valid for 12 months before they expire and can only be redeemed on full priced services not products. You can access your rewards balance in your booking confirmation emails.

Thank you for agreeing to these terms and conditions to ensure your Polished Byron Bay experience is a memorable one.



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